

## Psychosocial Programme Service Specification

Justice Centre Hong Kong is a non-profit, human rights organisation working to protect the rights of Hong Kong's most vulnerable forced migrants- refugees, victims of torture, survivors of human trafficking and forced labour.

Justice Centre Hong Kong's Psychosocial Programme sits within Protection Claimant Services (PCS). PCS is a multi-disciplinary team consisting of legal and psychosocial experts with extensive experience working with clients including refugees, victims of human trafficking and forced labour and who have been subject to trauma and torture.

The adults, families and children assisted through our Psychosocial Programme often display high levels of trauma, including PTSD, survivor's guilt, bereavement, stress, dissociation, anxiety, depression, high levels of anxiety, abject fear, and intergenerational trauma.

The Psychosocial Programme works in collaboration with Legal Services, to assist vulnerable clients in a short to medium term capacity, to assist them to feel safe, protected and supported, whilst they navigate through the USM and legal process required to seek protection in Hong Kong.

The Psychosocial Programme works with individual adults, families and children to provide two levels of support:

- Social support such as assistance to access housing, health, schooling, financial aid etc, including Medico-legal reports from medical and mental health professionals.
- Direct, tailored and trauma-informed, support to adults and children, through clinical psychologists and counsellors, including child psychologists, trained in a number of evidence based, child and adolescent specific trauma therapies.

The Psychosocial Programme works collaboratively with other NGOs locally, as well as regionally and internationally, to ensure that clients have the best chance of attaining the support that they need and to ensure that there are no gaps in services offered.

The following services are offered through the Psychosocial Programme:

- Information regarding social services that clients may access
- Social care and support in accessing services

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- Referrals to social support within Hong Kong
- Trauma-informed psychological and counselling service to adults
- Trauma-informed and child-centred psychological support to children and adolescents, including unaccompanied minors
- Parenting classes for refugee parents
- Medico-legal reports, including scarring and psychological reports
- Training to other NGO's on Child Trauma; Understanding Trauma; Working with trauma survivors; Professional boundaries and Vicarious Trauma & Self Care

All clients of Justice Centre Hong Kong who receive Individual Assistance are able to access our psychosocial services.

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